



Bowl for Health

in St Helens

Learn the basics of bowls with FREE, fun and friendly group sessions. Suitable for complete beginners, with all equipment provided - anybody can join in and no previous experience required!

6 week courses take place:

- **Eccleston Lane Ends Bowling Club (The Green, off St Helens New Road, L34 2UG) from 11.00am to 1.00pm Friday 9th July. To book please contact Marian Manley via 07837 677930 or manleymarian@yahoo.co.uk**
- **Prescot & Odyssey Bowling Club (Burrows Lane, L34 6JW) from 2.00pm to 3.00pm Wednesday 14th July. To book please contact John Pye on 07747 362555 or email john.pye5@virginmedia.com**

Bowl for Health sessions are also taking place across Merseyside - visit www.merseysidesport.com/bowlforhealth for further information.